



NATURAL GROCERS™

Upcoming FREE Seminars at Colorado Springs

7690 N Academy, Colorado Springs, CO 80920



TURNING BACK THE AGING CLOCK

Presented by: Roslyn Rogers, CNC

Sponsored by Nutraceutical Corp. A down-to-earth discussion for men and women by nutritional expert Roslyn Rogers about balancing hormones for a healthy heart, strong bones, weight management, energy and great digestion for creating the best and healthiest years of your life.



Wednesday, August 25th, 6:00 P.M.



UNNATURAL SELECTION

A DVD Presentation on Genetically Modified Foods

This stunning European documentary, now available in the United States, reveals the harsh consequences of genetic engineering around the globe. Inadequate testing and regulations currently put us at risk, but the experts featured in this groundbreaking film argue that individual action can provide solutions--and preserve the planet for future generations. Unnatural Selection is part of the GMO Trilogy DVD set available at all Natural Grocers stores.

Tuesday, September 14th, 6:00 P.M.



GUIDE TO HAPPY, VIBRANT, HEALTHY PETS

Presented by: Rebecca Rose, BA, MBA

Sponsored by In-Clover. Learn how to help your dog and cat live a long, healthy life with good food and supplement choices. Solutions for the top four pet health concerns will also be discussed.



Saturday, September 18th, 10:00 A.M.



PREPARING FOR DETOXIFICATION

Presented by Dr. Paula Triplett-Foss, ND

As the fall season approaches, it's an excellent time to do internal cleansing and detoxification for markedly better health and vitality.

Wednesday, September 22nd, 6:00 P.M.

Reservations not necessary. Seating is limited— first come, first seated. Questions? Call Pat 303-986-4600 x118. Additional free seminar listings at www.naturalspeakers.com.

Key:



Book Signing



Door Prize: attendees get a chance to win a *FREE* Gift!



FREE Samples



FREE audio file on www.naturalgrocers.com
Look for **Health Seminars**