

FREE
Seminar



NATURAL GROCERS

FLOURISH WITH FISH AND FLAX



Dr. Herb Joiner-Bey, author of the *Healing Power of Flax*, speaker and consultant from Bastyr University, is visiting Colorado to discuss the phenomenal health benefits of Omega 3 Fatty Acids.



Free!
Samples from
Barlean's
Organic Oils!

WIN a
Barlean's Organic Oils
Gift Basket!

Presented by: Dr. Herb Joiner-Bey, ND

Wednesday, March 25th, 7:00 P.M.

Natural Grocers by Vitamin Cottage of Green Mountain
12612 W. Alameda Pkwy., Lakewood, CO 80228

Reservations not necessary. Seating is limited - First Come, First Seated.

Additional free seminar listings at www.Naturalspeakers.com

Questions? Call Pat 303- 986- 4600 x118